

NEWSLETTER

3rd December 2021

Ashley Awards

Credit Winners

7LA	Maddox Cole
7SA	Ben Moss
8MS	Will Parkinson
8JO	Liam Roberts
8RF	Alex Turner-Chong
9AK	Nathan Bell
10L	Harvey Williams/Heather Heeley
10GG	Kyle Russell
11RS	Angus Glover
11LQ	Chris Bellard

Students of the Week

Maddox Cole
Daisy Brady-Preece
Will Parkinson
Mason Vickery
Ellis Parry
Ryan Hughes
Josh Halfpenny-Bell
Liam Burke
Loughlin Haycock/Layton Richardson
Lewis Pennington

Class
Of the
Week

11RS



Ashley Action!

Widnes Library has had a Christmas makeover with the help of our 6th Form students. Students helped to make paper chains and created some fantastic post boxes for the local primary school children to post their letters to Father Christmas. Thank you again to our 6th formers for all your hard efforts!

Secondary school students have been told they should wear face coverings in communal areas from 30th November. The Department for Education has told schools in England that all students from years seven upwards are to wear their masks unless exempt. The news comes following the detection of the new Omicron variant of Coronavirus.

6th Form students have continued to make and prepare dishes that they would like to cook at home and when they are living independently. Some of the dishes included Margarita Pizza, Tomato/Garlic Pasta Bake, Chilli-Con-Carne and a Salmon and Broccoli \Pasta Bake.

7LA have been enjoying Zumba sessions, having fun building a snowman and displaying lots of teamwork and making Christmas baubles to decorate their classroom Christmas tree.

9AK have planned and prepared a breakfast for themselves. Students have learnt about healthy eating (specifically the importance of breakfast and 5 A DAY), where some of their food comes from and how to prepare a breakfast dish safely and hygienically.



Skills Challenge – Staying Positive

Take 5 minutes for this calming activity today: Step 1: Find a quiet space where you can look out of the window. Step 2: Look at everything there is to see - try to notice the colours, the patterns, the textures. Step 3: Pay attention to any movements such as a traffic passing by, people walking or running by, raindrops falling or leaves blowing around in the breeze. Step 4: Notice the many different shapes you can see from where you sit quietly. Step 5: If you become distracted, gently bring your thoughts back to what you can see through the window. Ask a family member or friend to try this calming activity too. Afterwards, talk about how it made you feel.



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