

NEWSLETTER

21st October 2024

Resilience Honesty Respect Responsibility Aim High Team Spirit



Student Of The Week

7LA	A.Harris	10RH	R.Ettrick
7SA	N.Roberts	10RF	M.Cole/L.Wynne
7CB	JJ.Bushell	10SC	E.Molyneux/H.Sheehan
8MS	J.Whitfield	11GG	E.Byrne
8AC	A.Ward	11RS	E.Parry
8LQ	M.Donnely		
9JO	M.Pierce-Best		
9L	J.Helps		
6 th Form Student Achiever Of The Week – R.Hughes			



Ashley Action!

8LQ are taking part in the charity Link to Hope's shoebox appeal. We are hoping to send shoeboxes to families living in poverty in Eastern Europe. Please see the attached link for more information and suggested items: <https://linktohope.co.uk/shoebox-appeal-2024>

Please send any donations to school by Tuesday 22nd October. Thank you for your support!

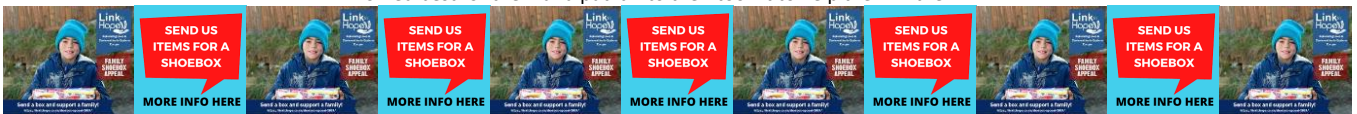
Measurement Students in 9JO have been learning about measuring objects in centimetres and meters, grams and kilograms, millilitres and litres, degrees Celsius and time measurements (second, minute, hour, day). Students could then understand what measuring devices to use with each type of measurement and why they're used.

BBQ Chicken Another recipe completed by 9L students from their own recipe book. Students could choose the correct coloured chopping board (red) to cut up chicken, use a knife safely and competently and make a homemade BBQ marinade for their chicken. Delicious!

Halloween cake decorating 7CB had a 'Spooktacular' time in their Food Technology lesson by designing and making a scary Halloween cake. Here is Marcel with his eerie creations.

Money Management 8LQ have set up a pretend shop in the classroom with props such as juice, milk, bread, biscuits, etc. and have attached price tags to all of the items in their shop. Students then had an equal amount of role-play coins and bought items with the budget they have or tried to use up all of their money so there was none left over. Students have learnt that they can recognise coins by their visual differences, understand that different things cost more or less money, understand the importance of keeping money safe and of keeping track of how much money they have.

Making your own mental health toolkit Students in 10RH have identified the different ways we can look after ourselves when we are not feeling at our best by making their own mental health toolkits. Students took part in mindfulness, gym activities, diary exercises and meditation. Students were then able to decipher what worked best for them and put it into their toolkit to help them in the



future.



Skills Builder Challenge – Listening

It is your 'secret' mission to find out three new facts about a family member or a friend. To do this you will need to listen very carefully and ask open questions to understand what they are saying and find out more. You should think about: who you want to find out more about (it could be more than one person); how you can use eye contact and your body language to show you are paying full attention to what they are saying; what questions to ask, to show you have understood what they have said or to help you find out more information.

At the end of the day talk with them about your mission - did they notice you were listening carefully to them?

