

FOR MORE INFORMATION:

ami.mcnamee@halton.gov.uk

DATE :

28.11.22
05.12.22
12.12.22
09.01.22
16.01.22
23.01.23

TIME:

4.00pm-6.00pm

COST:

FREE

VENUE:

Halton Lodge Children's
Centre

HOW TO BOOK:

To book email:

ami.mcnamee@halton.gov.uk

TEEN LIFE - NAS ACCREDITED

Runcorn Venue

OVERVIEW

Teen Life is aimed at parents/carers of adolescents who have autism

WHO IS IT FOR?

Parents and Carers of young people diagnosed with autism between the ages of 10 - 16 years old.

WHAT YOU WILL LEARN

Explores topics such as:

- understanding and explaining a diagnosis to a young person
- stress and anxiety
- independence
- puberty
- planning for the future and understanding and interpreting behaviour

PREVIOUS DELEGATE COMMENTS

'Very useful to meet up with other parents and hear their experiences. A good opportunity to ask questions.'

Very informative, Ami and Stacey are fab.'

