





# NEWSLETTER


10<sup>th</sup> February 2025


**Resilience Honesty Respect Responsibility Aim High Team Spirit**






**Student of the Week**





**Student of the Week**

**Student Of The Week**

7LA	M.Mortimer	10RH	The Whole Class
7SA	D.Sweetman	10RF	L.Wynne
7CB	T.Bright	10SC	J.Hallwood
8MS	A.Sargent	11GG	L.Roberts
8AC	R.Pilling	11RS	E.Cox
8LQ	M.Donnolly		
9JO	J.Neill		
9L	S.Whittaker/H.Tiernan		

## Ashley Action!

**Home Cooking Skills** The second assessment of meal planning and preparation for Year 10 students is going extremely well. Jack and Riley prepared the traditional Italian fare of Bruschetta and Lasagne, while Lil and Rohan prepared their starter of cheesy garlic bread. Excellent work!

**As part** of their Practical Learning lessons, 9JO has been picking up litter on Formby beach. Along with having the chance to go outside and experience nature, students have been able to develop their teamwork skills with their classmates. Additionally, they have been contributing to the preservation of Formby's invaluable wildlife.

**Road Safety** Congratulations to 10RH students who took part in an interesting and fun quiz that assessed their knowledge of important road safety techniques from this half-term.

**During an information** scavenger hunt, 8LQ used their scanning and skimming abilities to learn more about Blood Brothers and Willy Russell.

**Sensory Taste Testing** In order to demonstrate how to use all five senses—sight, smell, touch, hear and taste—9L participated in a hands-on tasting experiment. Students used their individual food preferences and experimented with various foods. Students were able to step outside of their comfort zone and try new foods that they might not have tried at home.

**Independent Living** Year 11 students have selected the equipment and ingredients they will need to prepare a cold snack on their own. Students have prepared sandwiches, wraps, as well as fruit salads.



## Skills Builder Challenge – Staying Positive

Set a small goal to help you stay positive throughout the week. For example, you might like to write down one thing you are grateful for each day or tell yourself one thing that you are looking forward to every morning. You might like to write down your goal and put this reminder somewhere that you will see it each day to remind you.

