**Ashley High School - After School Clubs 2023 – 2024**

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| **Day** | **Club 1** | **Club 2** | **Club 3** | **Club 4** |
| **Monday** | **ICT/ Games / Scratch****3pm-3.45pm** This is a club that allows students to play online games, research their own interests and access ICT programming software. This is an unstructured activity and allows students some (supervised) internet browsing time, peer interaction and time to develop their interests and knowledge. | **Boards Games/ Social Club****3pm-3.45pm**This is a club where students can play board games together and develop their social skills at the same time. There are opportunities for students to bring in their own board games if they want or they can just sit and chill in each other’s company. | **Widnes Viking Rugby (Sept – Dec)****3 – 3.45pm**This is a club run by Widnes Viking Rugby Club. A Widnes Viking Rugby Club member will come into school to run structured sessions to the students. They will be able to develop their basic rugby skills and knowledge of the game. Opportunities are available to access the Disability Rugby Team outside of school hours.  | **Pets Club****3pm-3.45pm**This session is for students who love pets. Students will be able to discuss, share and learn about caring for pets.  |
| **Tuesday** | **ICT/ Games / Scratch****3pm-3.45pm**  | **Dodgeball****3pm-3.45pm** These sessions allow the students to become physical and have a game of dodgeball. This is a very popular sport in school with most of our students. | **Music / Drama****3 – 3.45pm**Students will be able to access musical instruments and develop their skills and knowledge. Drama sessions will take place and students will be able to take part in small role play, acting, directing and drama games.  | **Singing / Karaoke****3 – 3.45pm**Students will be able to come along and sing, learn songs and have fun. This can be on an individual basis or in a group. |
| **Wednesday** | **ICT/ Games / Scratch****3pm-3.45pm** **Dungeons & Dragons (starts 20th Sept)****3 – 4.30pm****(External Provider)**This is a club that is run on a termly basis. It is a group session of 6 students and is a very popular club with students. This club allows students develop their imagination skills, game play, social skills and interactions. There is a separate costing to this club as it is run by an external provider. | **Gym****3pm-3.45pm** Students will have access to the school gym after school. They can improve their fitness and workout with peers. | **Mindfulness & Yoga****3 – 3.45pm**These sessions are run to help students to relax and unwind. Benefits of these sessions are to reduce anxiety and stress, focus and concentration and improve sleep to name a few. We are very lucky to have an experienced Teaching Assistant who runs these sessions as part of the school curriculum already. | **Movies / Cartoons****3pm-3.45pm**Students will be able to have some social time after school and watch movies and cartoons of their choice. They will be allowed to bring snack of their choice along to the sessions. |
| **Thursday** | **ICT/ Games / Scratch****3pm-3.45pm** **Dungeons & Dragons (starts 20th Sept)****3 – 4.30pm** | **Football****3pm-3.45pm** Football sessions will be running for all abilities. Students will learn and develop their football skills and play a game. Opportunities to join the school football team are available from attending these sessions. | **Dance****3 – 3.45pm**Students can attend dance sessions run by some of our very talented members of staff who have performed on stage to a very high competitive level. Students will learn dances and routines as well as being physically active. | **Art & Crafts****3 – 3.45pm**This is an unstructured session where students can express their artistic skills using arts & crafts available to them. Activities such as painting, drawing, cutting and sticking to name a few. |

After school clubs are fully supervised by a member of staff. There is a £1 charge per session for clubs run by Ashley High School. Some of the sessions are new to this current school year and we are keen to build up club attendance and more importantly, for students to have fun! Parents will need to arrange to pick their child up after each session.

# Additional After School Clubs

# Mako Create / Digital Arts (External Provider)

# These sessions are run by an external provider. Sessions run in 6 week blocks and aimed at ages 11 – 16 and 16 – 25 dependent on funding criteria. These provide digital animation, games design, green screen, movie making and robot coding session, to name a few. Some sessions are held at Ashley High School and booking is available via Mako / Digital Arts booking system and sessions will be advertised by Ashley High school via the Ashley High School Facebook and school website. More information can be found on their website.

# SEND R US CIC (External Provider)

# SEND R US CIC’s ethos is to bring families together in Halton. This CIC runs sessions across Halton ranging from family cookery, bakery, drumming, Mum’s & Dad’s social sessions, Debt Support Sessions to name a few. Please see their Facebook page to look for more information about clubs. Some sessions run from Ashley High School.

# Everton in the Community (External Provider)

# Everton in the Community provide sessions during some of the school holidays. These sessions consist of multi sports, art and crafts, social opportunities, movies, healthy snacks and more. Look out on our school Facebook and website for more information.