

# Preparing for adulthood Year 7

## COMMUNITY INCLUSION

**Relationships** - (Exploring family life, understanding different families)

Rights and Responsibilities in the community

Ashley Values / Respect for Others



## COMMUNITY INCLUSION

**Relationships** - Self-esteem, romance and friendship

## EMPLOYMENT/CAREERS

**Introduction to Careers** - Raising awareness of the variety of jobs all around us / Employer Talks (The range of jobs available in the NHS / Guess the employer)



## GOOD HEALTH

**SRE** - Managing puberty and the issue of unwanted contact / Consent

**Medication and Drugs** - Difference between drugs and medication / taking medication / How alcohol, drugs and tobacco can be dangerous to health



Half Term 1

Half Term 2

Half Term 3

Half Term 4

Half Term 5

Half Term 6

## INDEPENDENT LIVING

Personal Appearance and Personal Hygiene / Emergency and Safety Skills

## GOOD HEALTH

**Alert Programme** - How does my engine run?

Managing my emotions



## INDEPENDENT LIVING

**Housekeeping** – Washing Dishes/ Using a toaster and kettle / Setting a table / Making a bed / Waste disposal/ Name and address / Using a post office

## COMMUNITY INCLUSION

Diversity, Prejudice and Bullying and the impact on communities



## INDEPENDENT LIVING

**Food Management** – Types of meals / Ordering Food / Table manners

**Transport** – Road Safety / Types of transport

## COMMUNITY INCLUSION

Aim High

Team Spirit

Honesty

Resilience

REspect

Responsibility



# Preparing for adulthood Year 8



## GOOD HEALTH

Alcohol and drug misuse and managing peer influence

## COMMUNITY INCLUSION

The law and legal and illegal substances



## COMMUNITY INCLUSION

Strategies for safely challenging stereotyping, prejudice, bigotry, bullying, and discrimination

## GOOD HEALTH

Mental health and resilience, emotional wellbeing including body image



## GOOD HEALTH

Managing change and loss

## COMMUNITY INCLUSION

My own Core values

Tackling age and disability discrimination



### Half Term 1

### Half Term 2

### Half Term 3

### Half Term 4

### Half Term 5

### Half Term 6



## COMMUNITY INCLUSION

Rights and Responsibilities in the Community

## INDEPENDENT LIVING

Household Cleaning  
Transport – Buses/Directions



## INDEPENDENT LIVING

Common ailments / Medical appointments  
**EMPLOYMENT / CAREERS**

Introduction to the Careers Adviser and the A-Z of Careers

Skills and qualities  
**COMMUNITY INCLUSION**

British law and cultural and religious expectations and practices



## INDEPENDENT LIVING

Knowledge of community resources / Emergency and Safety Skills  
**EMPLOYMENT / CAREERS**

Careers Lessons / STEM Talk

## COMMUNITY INCLUSION

All individuals have the same rights and opportunities in education and the workplace



Aim High  
Team Spirit  
Honesty  
Resilience  
REspect  
Responsibility





## COMMUNITY INCLUSION

Peer pressure, assertiveness and risk, gang crime

## EMPLOYMENT / CAREERS

Understanding Careers and Future Aspirations



## COMMUNITY INCLUSION

Managing conflict at home and staying safe / Diversity, Prejudice and Bullying / Tackling homophobia, transphobia and sexism

## INDEPENDENT LIVING

Basic Budgeting Skills



## EMPLOYMENT / CAREERS

Planning and Carrying out an Enterprise Project / Employer Talk

## COMMUNITY INCLUSION

Managing peer pressure

## INDEPENDENT LIVING

Basic First Aid / First Aid Kits



Half Term 1

Half Term 2

Half Term 3

Half Term 4

Half Term 5

Half Term 6



## INDEPENDENT LIVING

Sleep

## INDEPENDENT LIVING

Washing/Drying Clothes

Housekeeping - Fire Prevention/ Changing Light bulbs



## EMPLOYMENT

Introduction to the Careers Service.

START Website

## INDEPENDENT LIVING

Planning Meals

Transport – Using Google Maps



## INDEPENDENT LIVING

Using the telephone / Talking to unfamiliar people

Emotional Wellbeing

- Aim High
- Team Spirit
- Honesty
- Resilience
- REspect
- Responsibility

